



PHONE A FRIEND



Having every phone number in the world on your phone doesn't do you any good when you've lost your phone.

DIRECTIONS

- Write down all your important phone numbers on these pages, then identify the most crucial, can't-forget-'em contacts and come up with mnemonic devices to help you remember those.
- They can be anything from a song ("five-one-one-eight-seven-six-four" happens to fit perfectly into the first line of "Old MacDonald Had a Farm," incidentally) to a word spelled out by a phone number's corresponding keypad letters.
- Use our keypad to discover words your phone number can spell, or go to phonespell.org to find a jumble of possibilities.

CONTACT ONE

Name and relationship

Phone number

Mnemonic device

CONTACT TWO

Name and relationship

Phone number

Mnemonic device

CONTACT THREE

Name and relationship

Phone number

Mnemonic device

CONTACT FOUR

Name and relationship

Phone number

Mnemonic device



PHONE A FRIEND



	Name and relationship	Phone number
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IMMEDIATE FAMILY

EXTENDED FAMILY

EMPLOYER

SCHOOL

	Designated emergency contact	
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	Child care provider	
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	Elder care provider	
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	Pet care/boarding	
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PHONE A FRIEND



Name and relationship	Phone number
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Trusted neighbor

Medical care provider

Pharmacy

Key financial institution

Home insurance company

Auto insurance company

Legal adviser

Police (dial 911 for emergency)

Fire department (dial 911 for emergency)

Poison control

Alternative/accessible transportation

Electric company

Water company